

PPAR α and PPAR γ activators suppress the monocyte-macrophage apoB-48 receptor¹

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Abstract Certain triglyceride-rich lipoproteins (TRLs), specifically chylomicrons, dyslipemic VLDLs, and their remnants, are atherogenic and can induce monocyte-macrophage foam cell formation in vitro via the apolipoprotein B-48 receptor (apoB-48R). Human atherosclerotic lesion foam cells express the apoB-48R, as determined immunohistochemically, suggesting it can play a role in the conversion of macrophages into foam cells in vivo. The regulation of the apoB-48R in monocyte-macrophages is not fully understood, albeit previous studies indicated that cellular sterol levels and state of differentiation do not affect apoB-48R expression. Since peroxisome proliferator-activated receptors (PPARs) regulate some aspects of cellular lipid metabolism and may be protective in atherogenesis by up-regulation of liver X-activated receptor α and ATP-binding cassette transporter A1, we examined the regulation of apoB-48R by PPAR ligands in human monocyte-macrophages. Using real-time PCR, Northern, Western, and functional cellular lipid accumulation assays, we show that PPAR α and PPAR γ activators significantly suppress the expression of apoB-48R mRNA in human THP-1 and blood-borne monocyte-macrophages. Moreover, PPAR activators inhibit the expression of the apoB-48R protein and, notably, the apoB-48R-mediated lipid accumulation of TRL by THP-1 monocytes in vitro. If PPAR activators also suppress the apoB-48R pathway in vivo, diminished apoB-48R-mediated monocyte-macrophage lipid accumulation may be yet another anti-atherogenic effect of the action of PPAR ligands.—Haraguchi, G., Y. Kobayashi, M. L. Brown, A. Tanaka, M. Isobe, S. H. Gianturco, and W. A. Bradley. PPAR α and PPAR γ activators suppress the monocyte-macrophage apoB-48 receptor. *J. Lipid Res.* 2003. 44: 1224–1231.

Supplementary key words lipoproteins • triglyceride • atherosclerosis • apolipoprotein B • foam cells • peroxisome proliferator-activated receptor

Elevated levels of plasma triglycerides (TGs) and VLDL, persistent dietary chylomicrons (CMs), and their remnants

are risk factors for cardiovascular disease, a major cause of death worldwide (1). Atherogenesis involves both endothelial cell dysfunction and the appearance of lipid-filled foam cells, primarily of macrophage origin, in the arterial intima throughout the atherosclerotic process. The TG-rich lipoproteins (TRLs), hypertriglyceridemic (HTG) VLDL, CMs, and their remnants are the only native, nonmodified lipoproteins that cause rapid receptor-mediated macrophage lipid engorgement in vitro; normal VLDL and LDL do not (2, 3). Indeed, THP-1 monocyte-macrophages and native blood-borne macrophages show massive lipid accumulation (3- to 10-fold increase in TG mass) in \sim 4 h when exposed to physiological levels of these TRLs in vitro via the apolipoprotein B-48 receptor (apoB-48R) described below (4). Similar lipid accumulation occurs in vivo: humans with persistently elevated CMs have foam cells in their bone marrow, spleen, liver, and skin (5). As these TRLs also cause endothelial cell cholesterol uptake (6, 7) and fibrinolytic dysfunction in vitro (8), TRLs may be atherothrombogenic in subjects with elevated fasting and postprandial plasma TG.

TRLs interact with cells by many described mechanisms. HTG-VLDL and CM remnants bind to the LDL receptor and gene family members via apoE (9–12). Diet-derived TRLs lack the C-terminal domain of the apoB-100 that binds to the LDL receptor (13) and therefore cannot bind to the LDL receptor via apoB-48, the major apoB species formed in the intestine. Although the majority of CM is lipolyzed into remnants that are cleared by the liver via apoE (14, 15), a small but significant fraction of CM seemed to be cleared directly by reticuloendothelial cells,

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such as accessible macrophages in bone marrow and spleen, independent of apoE (16–18).

The apoB-48R is an apoE-independent receptor in human and murine monocyte-macrophages (19, 20). Transfection of the apoB-48R minigene into Chinese hamster ovary cells in vitro confers all the known properties of the apoB-48R characterized in human monocytes and macrophages, including converting these cells in vitro into a foam cell phenotype upon challenge with TRL, with identical kinetic and saturation characteristics as seen in macrophages (4). The apoB-48R binds apoB-48 of dietary TRL to a like domain of apoB-100 in HTG-VLDL (21) and may account, in part, for the observed direct reticuloendothelial uptake of CM in vivo (16–18), and for foam cell formation seen in humans with elevated TRL (5). Moreover, the apoB-48R likely participates in the foam cell formation in atherosclerosis-susceptible apoE-null mice, which have elevated apoB-48-containing lipoproteins (22–24).

Peroxisome proliferator activated receptors (PPARs) have been implicated in macrophage biology, lipid homeostasis, and atherogenesis. PPARs are ligand-activated transcription factors which, upon heterodimerization with the 9-*cis*-retinoic acid receptor, bind to specific peroxisome proliferator response elements (PPREs), thus regulating the expression of target genes involved in intra- and extracellular lipid metabolism. The naturally occurring prostaglandin 15-deoxy Δ 12, 14-prostaglandin J2 (15-d-PGJ2), and the synthetic antidiabetic glitazones are ligands for PPAR γ , while hypolipidemic fibrates are synthetic ligands for PPAR α (25). PPAR α is expressed in human monocytes and in fully differentiated macrophages (26), while PPAR γ is expressed in cells undergoing differentiation into macrophages (27–30). In addition, both PPAR α and PPAR γ are detected in macrophage-rich regions of human atherosclerotic lesions (27, 31, 32). In macrophages, PPARs inhibit inflammatory cytokine-induced activation (33), promote apoptosis, and control lipid homeostasis through their effects on the expression of several key genes, including scavenger family members class A macrophage receptor (SR-A), class B scavenger receptor CD36, scavenger receptor class B type I, and cholesterol transporter ATP binding cassette transporter A1 (ABCA1) (28–30, 32). The relative contributions of these PPAR-regulated genes in atherosclerotic processes remain unclear, although on balance PPAR ligands appear to inhibit atherogenesis in animal models.

Since the apoB-48 receptor is involved in lipid metabolism in monocyte-macrophages, we hypothesized that

PPAR might regulate its expression in macrophages. Here we report that PPAR ligands, somewhat surprisingly, suppress, rather than activate, expression of the macrophage apoB-48R mRNA and protein. Furthermore, our results indicate that the down-regulation of apoB-48R expression by PPAR activators in human monocyte-macrophages is accompanied by a parallel diminished cellular uptake of TRL, independent of apoE. If similar phenomena occur in vivo, the suppression of the apoB-48R pathway may contribute to the beneficial effects of PPAR agonists on atherogenesis by diminishing macrophage lipid accumulation via this pathway, particularly in hypertriglyceridemia.

METHODS

Reagents

Pioglitazone was kindly provided by Takeda Pharmaceutical Co., Osaka, Japan, and troglitazone was from Sankyo Pharmaceutical Co., Osaka, Japan. Wy14643 was purchased from Sigma (St. Louis, MO). 15-d-PGJ2 was from Cayman Chemical (Ann Arbor, MI).

Cells

THP-1 cells were maintained in RPMI-1640 containing 10% FBS, L-glutamine, penicillin (100 U/ml), and streptomycin (10 μ g/ml). THP-1 monocytes were differentiated to macrophages by the addition of phorbol ester as previously described (20). Human peripheral blood-borne monocytes were isolated using Ficoll-Paque (Pharmacia Biotech, Uppsala, Sweden) (34) and then followed with the DYNAL monocyte-negative isolation kit (DYNAL A.S., Oslo, Norway) using the enriched monocyte fraction per the manufacturer's protocol.

Northern blot analyses

Total RNA (20 μ g per sample) was separated by agarose gel electrophoresis, transferred to nylon membranes (4), and detected with human apoB-48R-, CD36-, and GAPDH-radiolabeled probes generated using RediPrime (Amersham Bioscience, Uppsala, Sweden) according to the manufacturer's instructions.

RNA isolation and real-time quantitative RT-PCR

Total RNA was isolated from the monocytes using RNazol B (Tel-Test, Friendswood, TX). Genomic DNA was removed by treatment with RNase-free DNase. The method of RT-PCR is briefly outlined here. One microgram of total RNA was reverse-transcribed in 1 \times PCR buffer using 10 U/ μ l reverse transcriptase (Life Technologies, Grand Island, NY) in the presence of 5 mM MgCl₂, 1 mM dNTPs, 1 U/ μ l RNase inhibitor, and 2.5 mM random hexanucleotide primers. The RT reaction was carried out at 42°C for 50 min, followed by denaturation at 99°C for 5 min and cooling at 4°C for 5 min. The primers used in these studies are illustrated in **Table 1**. Quantitative real-time PCR was

TABLE 1. Primers for RT-PCR

Human apoB-48R	
Sense	GGC-CTT-AGA-GGC-AGC-CAA-AA
Antisense	TTC-CCA-GCT-TCT-CAG-CCT-CT
Human β -actin	
Sense	TCA-CCC-ACA-CTG-TGC-CCA-TCT-ACG-A
Antisense	CAG-CGG-AAC-CGC-TCA-TTG-CCA-ATG-G
Human ATP-binding cassette transporter A1	
Sense	TGT-CCA-GTC-CAG-TAA-TGG-TTC-TGT-GT
Antisense	GCG-AGA-TAT-GGT-CCG-GAT-TG

performed in a 20 μ l reaction mixture (PCR kit from Roche Diagnostics) that contained 3 μ l of reverse-transcribed cDNA, 5 μ M forward primers, and 5 μ M reverse primers. For each sample, triplicate analyses were performed. The resulting relative increase in reporter fluorescent dye emission, SYBR Green I, was monitored by the LightCycler system (Roche) using a protocol to reduce primer-dimer background interference (35). The level of the apoB-48R and ABCA1 mRNA, relative to human β -actin, was calculated. The data are expressed as the ratio of target mRNA (relative to internal control) obtained from cells pretreated with PPAR ligands relative to mRNA obtained from cells treated with vehicle only.

Western blot analysis of human apoB-48R

Monocytes ($\sim 10^6$ cells) were disrupted in the lysis buffer containing 50 mM Tris-HCl (pH 8.0), 150 mM NaCl, 0.1 mM EDTA, 1% Triton X-114, and incubated with rotation for 30 min. After centrifugation of the sample to remove insoluble debris, the supernatant was used as total protein cell lysate. Twenty-five micrograms of protein were applied to SDS-PAGE gels and immunoblotted as described (36). Rabbit polyclonal antibody against human apoB-48R was used as previously described (4). Mouse anti-actin monoclonal antibody was from Chemicon International, Temecula, CA. Visualization of specific proteins was detected using enhanced chemiluminescence (Amersham Pharmacia Biotech, Newark, NJ).

TRL uptake analysis in THP-1 cells

THP-1 monocytes were subcultured into 6-well plates and grown in the presence of phorbol ester to induce adherence as previously described (20). After 2 days, cells were washed and incubated with fresh medium containing buffer (control), DMSO

(vehicle control), or the PPAR ligands PGJ2 at 10 μ M or Wy14643 at 100 μ M for 24 h at 37°C. At the end of this incubation period, cells were washed and the test lipoproteins, trypsinized VLDL Sf 100-400, were added at the levels indicated and further incubated for 4 h at 37°C, as previously published (20). Cells were then washed thoroughly with cold PBS to remove lipoproteins and the wells analyzed for TG and protein content as previously described (20). Duplicate analyses, corrected for no-cell controls, for each lipoprotein concentration were determined. Values from each well differed by <10% and three independent experiments were performed.

RESULTS

PPAR γ activators suppress apoB-48R expression in THP-1 monocytes

To determine whether PPAR γ activators regulate apoB-48R expression in human monocytes, we evaluated apoB-48R expression at the mRNA level and protein level in the human monocytic leukemic cell line, THP-1, previously used to characterize, purify, and clone the receptor (4). THP-1s were incubated with several PPAR activators for up to 24 h prior to analyses. Real-time RT-PCR analysis (Fig. 1) showed that treatment of cells with the PPAR γ ligand 15-d-PGJ2 at 10 μ M resulted in an $\sim 95\%$ decrease in mRNA levels of apoB-48R (Fig. 1A). At 20 μ M of 15-d-PGJ2, the expression of apoB-48R was almost abolished. At lower 15-d-PGJ2 concentrations, 0.1 and 1.0 μ M, the levels of apoB-

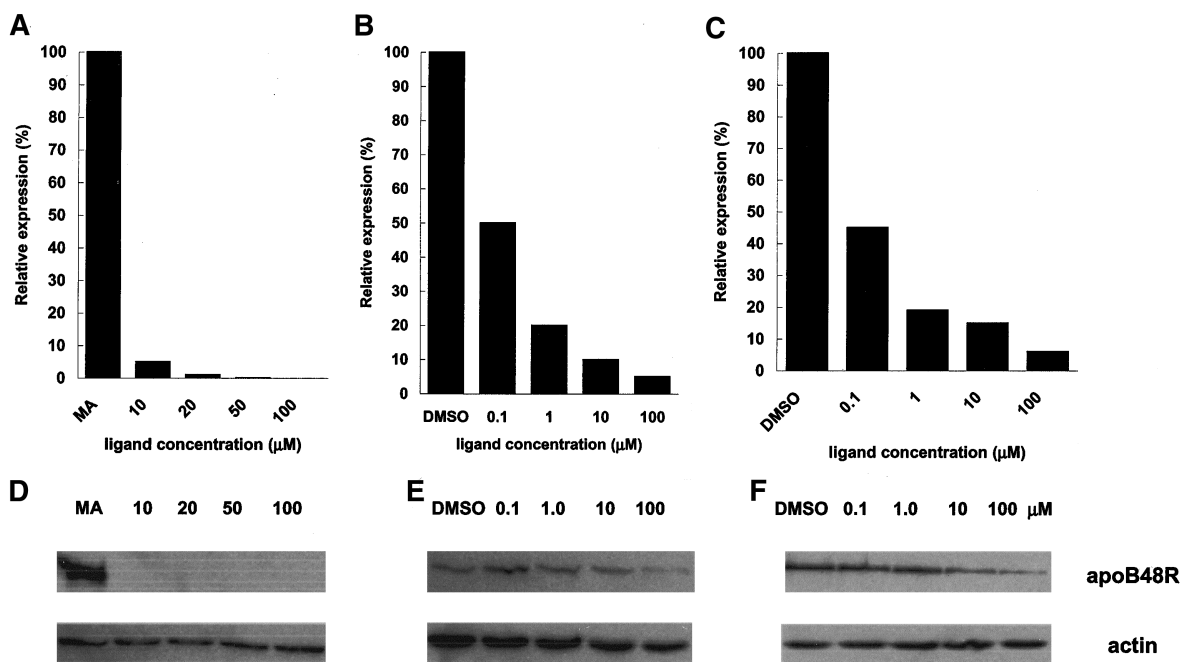


Fig. 1. Peroxisome proliferator activated receptor γ (PPAR γ) activators suppress apolipoprotein B-48 receptor (apoB-48R) mRNA and protein expression in THP-1 monocyte-macrophages. THP-1 monocyte-macrophages were grown as described in Methods and treated with vehicles methyl acetate (MA; control), DMSO (control), or 15-deoxy Δ 12, 14-prostaglandin J2 (15-d-PGJ2) (in MA), troglitazone, or pioglitazone (in DMSO) at levels indicated for 24 h. Total RNA was isolated and real-time RT-PCR, using primers shown in Table 1 as described in Methods, quantified mRNA expression of human apoB-48R. A: 15-d-PGJ2. B: Troglitazone. C: Pioglitazone. Values represent expression of apoB-48R mRNA relative to β -actin mRNA at each level of PPAR ligand, with 100% representing the control/vehicle only. Total protein extracts (25 μ g) were used for Western blot analysis and visualized by enhanced chemiluminescence as described in Methods. D: 15-d-PGJ2. E: Troglitazone. F: Pioglitazone. Expression of actin (lower panel) was used as a control.

48R mRNA expression were 60% and 40%, respectively (unpublished observations). The PPAR γ activators, troglitazone and pioglitazone, also suppressed the level of apoB-48R mRNA in a dose-dependent manner with \sim 50% reduction at 0.1 μ M (Fig. 1B, C). Northern blot analysis corroborated the PCR analysis, indicating similar suppression of apoB-48R mRNA at these PPAR activator concentrations (unpublished observations). The time course of mRNA suppression was determined at 100 μ M PPAR activators by densitometric analysis of Northern blots and indicated that 15-d-PGJ2 was the most effective agonist, with a reduction in mRNA to 67% at 3 h, 6% at 6 h, and not detectable at 24 h relative to control (100%; relative to GAPDH). Likewise, but later and less effective, troglitazone and pioglitazone showed no lowering of mRNA levels until 6 h with \geq 50% and $>$ 90% mRNA reductions at 24 h, respectively. Western blot analysis also showed that 15-d-PGJ2 at a low concentration (10 μ M) almost completely abolished apoB-48R protein expression in the same time frame (Fig. 1D). Furthermore, and consistent with the mRNA data, addition of the synthetic PPAR γ ligands troglitazone and pioglitazone at 100 μ M, suppressed apoB-48R protein expression by $>$ 50% (Fig. 1E, F).

PPAR α activator suppresses apoB-48R expression in THP-1 monocytes

We then examined whether a PPAR α activator also regulated apoB-48R expression in THP-1 monocytes at both the mRNA level and the protein level (Fig. 2). Real-time

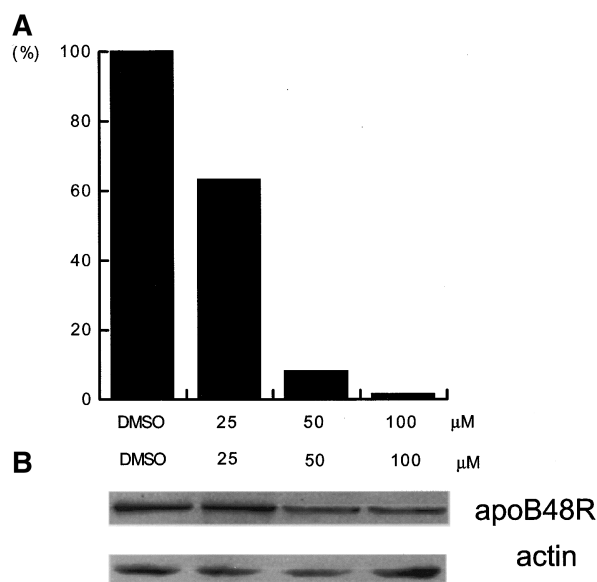


Fig. 2. The PPAR α activator Wyl14643 suppresses apoB-48R expression in THP-1 monocytes. A: THP-1 cells were treated with DMSO (control) and Wyl14643 at the levels for 24 h, and total RNA was isolated from the cells. Expression of human apoB-48R mRNA was quantified by real-time RT-PCR. Expression of β -actin was determined as an internal control. Values represent expression of apoB-48R mRNA relative to β -actin mRNA at each level of PPAR ligand, with 100% representing the control/vehicle only. B: For Western blotting, total cell protein extracts (25 μ g) were analyzed for apoB-48R protein as described in the legend of Fig. 1. Expression of actin was determined as an internal control.

RT-PCR analysis showed that treatment of cells with the PPAR α ligand Wyl14643 at 25 μ M resulted in an \sim 40% reduction of apoB-48R mRNA levels and a \sim 90% reduction at 50 μ M (Fig. 2A). Northern blot analysis showed similar suppression of apoB-48R mRNA by Wyl14643 (unpublished observations). Western blot analysis (Fig. 2B), on the other hand, revealed that Wyl14643 (50 μ M) reduced the expression of apoB-48R protein in THP-1 monocytes by only \sim 50% relative to actin, as determined by densitometry, suggesting that the mRNA pool was turning over more rapidly than the apoB-48R protein.

PPAR γ and PPAR α activators suppress apoB-48R protein expression in human peripheral blood-borne monocytes

To demonstrate that the regulation of apoB-48R by PPAR α and PPAR γ activators seen in the human leukemic monocytic cell line THP-1 was more universal and potentially valid in vivo, we also determined and observed similar regulation of apoB-48R protein expression in human native peripheral blood-borne monocytes (Fig. 3). Western blot analysis showed that 15-d-PGJ2 (10 μ M) treatment for 24 h almost completely abolished the apoB-48R protein expression in the monocyte-macrophages (Fig. 3A), similar to effects in THP-1 monocyte-macrophages. Troglitazone (50 μ M) and pioglitazone (50 μ M) suppressed apoB-48R protein expression to a lesser extent, by \sim 60% and 40%, respectively, relative to actin controls, as determined by densitometry (Fig. 3B, C). The PPAR α activator Wyl14643 (100 μ M) also suppressed apoB-48R protein expression (Fig. 3D).

PPAR γ activators up-regulate ABCA1 and CD36 mRNA expression in human monocyte-macrophages

To demonstrate that the PPAR activators were working properly in our hands, since apoB-48R expression was inhibited by the PPAR activators rather than enhanced, we monitored the previously documented enhanced expres-

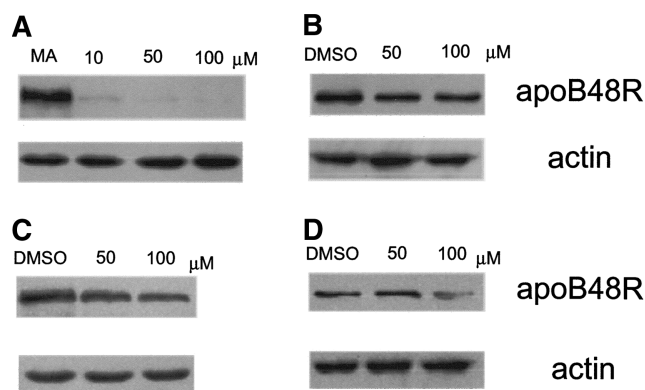


Fig. 3. PPAR γ and α activators suppress apoB-48R protein expression in human blood-borne monocyte-macrophages. Cells were isolated as described in Methods and incubated with MA, DMSO (control), and the indicated concentrations of 15d-PGJ2, troglitazone, pioglitazone, and Wyl14643 for 24 h. Total protein extracts (25 μ g) were used for Western blot analysis as described in Methods. A: 15-d-PGJ2. B: Troglitazone. C: Pioglitazone. D: Wyl14643. Expression of actin was determined as a control.

sion of CD36/FAT and ABCA1 in the human THP-1 monocytes (30, 37, 38). Under the conditions shown above that inhibit apoB-48R expression in THP-1 monocytes, mRNA analyses demonstrated that the PPAR γ ligands 15-d-PGJ2, troglitazone, and pioglitazone increased CD36 and ABCA1 mRNA expression levels, as expected, in a dose-dependent fashion. **Figure 4A** represents the densitometric analyses of the CD36 Northern blots relative to a GAPDH internal control: at $\geq 10 \mu\text{M}$, 15-d-PGJ2 caused a 2-fold increase in CD36 mRNA levels, while troglitazone increased mRNA levels ~ 4 -fold at the maximal level of drug tested (100 μM), and pioglitazone increased CD36 mRNA levels ~ 3.2 -fold at both 10 μM and 100 μM . Moreover, as seen in Fig. 4B, using an alternate technique for measuring mRNA levels, real-time RT-PCR treatment of THP-1 monocytes with PPAR γ ligands also increased ABCA1 mRNA levels in a dose-dependent manner, as reported earlier (30, 37, 38). Here, the ABCA1 mRNA levels were increased maximally ~ 5 -fold upon treatment with 50 μM and 100 μM 15-d-PGJ2, and ~ 4 -fold and 6-fold with 100 μM troglitazone and pioglitazone, respectively. As with CD36, ABCA1 mRNA levels were increased by lower levels of pioglitazone than troglitazone,

with significant increases at 0.1 μM and 10 μM . These data indicate that the PPAR γ ligands were indeed functioning as previously described and that the inhibition of apoB-48R expression was not due to nonspecific mechanisms.

PPAR γ and PPAR α activators suppress TGRLP uptake of monocytes through apoB-48R

In the present study, we found PPAR α and PPAR γ activators significantly suppressed apoB-48R mRNA and protein expression in monocyte-macrophages in vitro. Therefore, we next determined whether these PPAR γ and PPAR α activators also regulate the functional endpoint of the receptor pathway, the cellular TG accumulation induced by the apoE-independent uptake of TRL (4, 20). THP-1 macrophages were preincubated for 24 h with either 15-d-PGJ2 (10 μM) or Wy14643 (100 μM), and then tested for lipid accumulation with the model ligand, trypsinized-VLDL Sf 100–400, at physiological concentrations previously shown to cause rapid and saturable lipid (TG) accumulation in THP-1 cells (20) and in apoB-48R-transfected CHOs (4, 24). The data suggest PPAR γ and

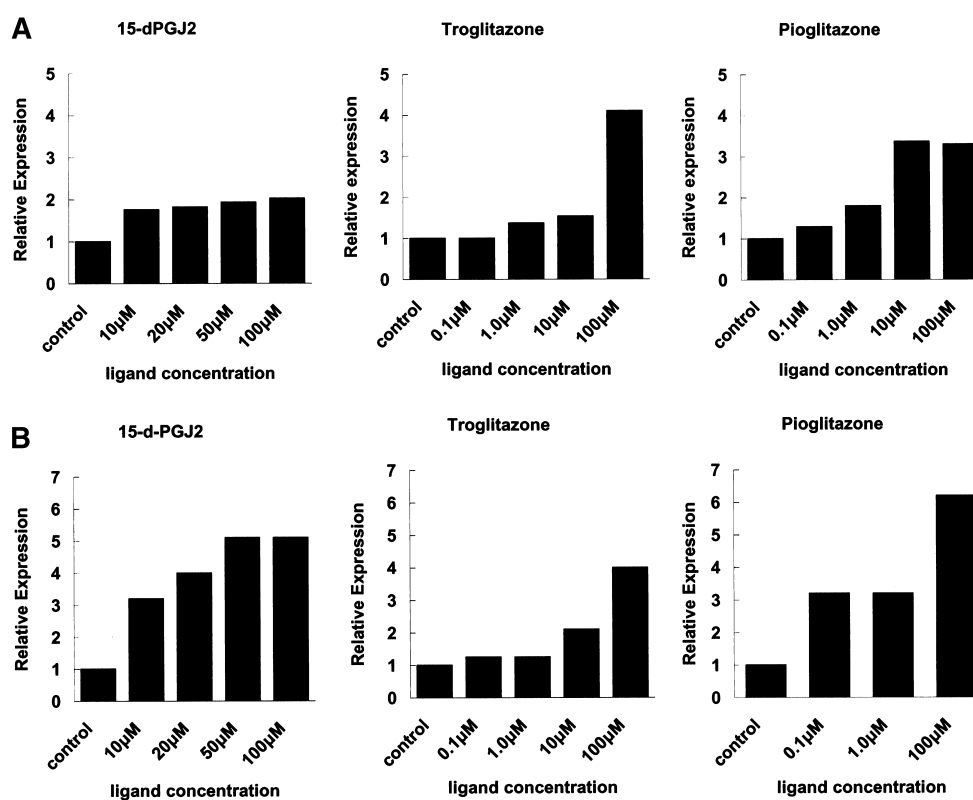


Fig. 4. As a positive control, under conditions that decrease expression of apoB-48R, PPAR γ activators increased class B scavenger receptor CD36 and ATP binding cassette transporter A1 (ABCA1) mRNA expression in THP-1 monocyte-macrophages. THP-1 cells were incubated at levels of 15-d-PGJ2, troglitazone, and pioglitazone. **A:** Total RNA was isolated and Northern blot and densitometric analyses carried out as described in Methods. Expression of GAPDH was determined as an internal control. Values represent expression of CD36 mRNA relative to GAPDH mRNA at each level of PPAR ligand with 1.0 representing the control/vehicle only. **B:** Total RNA was isolated as described in Methods and expression of human ABCA1 mRNA was quantified by real-time RT-PCR as described in the legend of Fig. 1 and Methods. Expression of β -actin was used as an internal control. Values represent expression of ABCA1 mRNA relative to β -actin mRNA at each level of PPAR ligand with 1.0 representing the control/vehicle only.

PPAR α activators have a key role in TG uptake in monocyte-macrophages via apoB-48R regulation. As seen in Fig. 5, cells not pretreated (open circles) or pretreated with vehicle only (closed circles) showed significant, rapid, saturable accumulation of TG mass per milligram of cell protein in the short 4 h incubation period over the indicated concentration range of the apoE-free surrogate ligand. Strikingly, and consistent with the effect of PPARs seen on mRNA and protein levels of apoB-48R in these cells, the TG accumulation was reduced by more than 50% by both 15-d-PGJ2 (Fig. 5, closed triangles) and Wy14643 (Fig. 5, closed squares), demonstrating that functionally the PPAR ligands also serve to reduce lipid accumulation through the apoB-48R pathway.

DISCUSSION

We had previously shown that the apoB-48R is not regulated by sterol content or state of differentiation of human and murine monocyte-macrophages. The new findings reported here showing that apoB-48R is suppressed by PPAR γ , and PPAR α activators represent the first report of the down-regulation of this unique lipoprotein receptor. In Fig. 1, we show that the native PPAR γ activator, 15-d-PGJ2,

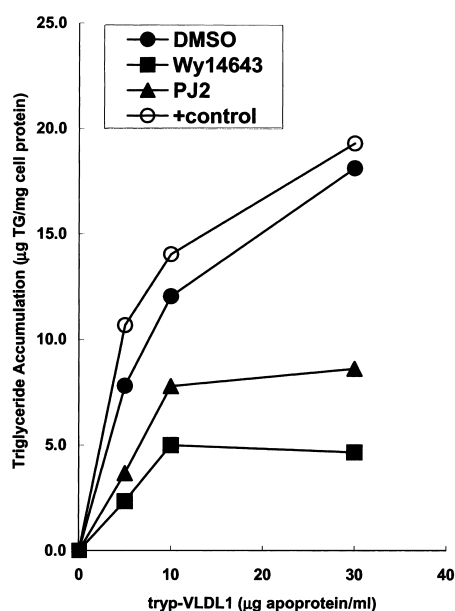


Fig. 5. PPAR γ and PPAR α activators suppress the apoB-48R pathway: the functional endpoint of triglyceride-rich lipoproteins-induced lipid accumulation is inhibited in THP-1 macrophages. THP-1 macrophages were preincubated with PPAR γ activator, 15-d-PGJ2 (10 μ M), PPAR α activator Wy14643 (100 μ M), DMSO, or buffer controls for 24 h. Cells were washed and incubated with the model ligand (apoE-negative), tryp-VLDL (S_f 100–400), at the concentrations indicated for 4 h at 37°C. The cells were harvested and TG mass and protein quantified as described in Methods. Open circles indicate no treatment; closed circles, DMSO vehicle; closed triangles, 10 μ M 15-d-PGJ2; and closed squares, 100 μ M Wy14643. Values represent the micrograms of TG per mg cell protein (the average of duplicate dishes, which differ by <10%). The experiment shown is representative of three independent experiments.

lowers by >95% the level of apoB-48R mRNA in THP-1 monocytes, which is reflected by an almost complete loss of immunochemically detectable apoB-48R protein at this level (10 μ M) of activator (Fig. 1D). Importantly, the insulin-sensitizing PPAR γ activators thiazolidinediones, troglitazone, and pioglitazone also significantly reduce the mRNA expression levels of apoB-48R in a dose- (Fig. 1B, C) and time-dependent manner (data stated in Results) with an \sim 50% reduction of apoB-48R mRNA at the lowest levels of drug tested (0.1 μ M). The thiazolidinediones did not appear to be as effective as the prostaglandins in lowering apoB-48R protein levels, which might reflect either an inability to efficiently enter the cells under our conditions or an inherent difference in the potency of the PPAR γ agonists.

We next tested whether the PPAR α activator Wy14643, a fibric acid, also regulates apoB-48R expression. In the current study, Wy14643 is shown to suppress the expression of mRNA (Fig. 2A) and protein levels (Fig. 2B) of apoB-48R in human THP-1 monocytes in vitro, and to significantly diminish lipid accumulation in the macrophages (Fig. 5). As stated in Results, the level of mRNA is suppressed by \sim 90% at 50 μ M and by >98% at 100 μ M Wy14643, whereas the protein is decreased to \sim 50% at both concentrations of agonist. The reason for this difference is not known; however, the ability of the THP-1s to accumulate TG under these conditions was also \sim 50% of control. A possible explanation might be a metabolic pool of apoB-48R protein that turns over more slowly than does the apoB-48R mRNA.

We also tested whether the PPAR activator effects, seen in the human monocytic cell lines, are evident in native, human blood-borne monocyte-macrophages. Using protein expression as the endpoint, PPAR γ activators 15-d-PGJ2, troglitazone, and pioglitazone all caused a decreased expression of the apoB-48R in these primary cell cultures. ApoB-48R protein expression decreased by \sim 93% at 10 μ M 15-d-PGJ2; troglitazone and pioglitazone demonstrated \sim 40% and 60% decreased expression, respectively, at 50 μ M. We interpret these data to suggest that this mechanism potentially occurs in vivo.

We further compared apoB-48R expression levels relative to other reported macrophage proteins putatively involved in the atherosclerotic process. The known up-regulation of ABCA1 with PPAR activation is considered beneficial since the macrophage uses this route to efflux cholesterol from the cell in the first step of the reverse cholesterol transport pathway (39). Indeed, under the conditions where we found significantly decreased expression of apoB-48R, there was an opposite 2- to 4-fold increase in ABCA1 mRNA levels, suggesting opposing but beneficial effects of the PPAR activators on these two regulators of macrophage cellular lipid content.

It is widely believed that macrophage scavenger receptors SR-A, CD36, and CD 68 are major routes of uptake for lipid accumulation in arterial macrophages (40–42). However, for lipid recruitment to occur, these receptors require that the lipoproteins they bind first be modified in some fashion and/or the receptor be induced by cytokines

or by transcriptional ligands for PPARs or liver X-activated receptors (43). The apoB-48R receptor, however, is expressed in both monocytes and differentiated macrophages (4, 20) and would be available in the initial stages for receptor-mediated uptake and accumulation of lipid from dietary lipoproteins or from elevated levels of VLDLs in certain dyslipemic individuals. Even when the cells accumulate extensive cholesterol, the levels of the apoB-48R do not diminish, thereby allowing continued uptake of these deleterious lipoproteins by this pathway (20). It is also anticipated that if oxidized lipid is essential for the atherosclerotic process, the apoB-48R may provide yet another pathway for these lipids to enter the cell by delivering exogenous or endogenous oxidized lipid carried by TRL.

Finally, our *in vitro* data indicate that the functional endpoint of the apoB-48R pathway, *i.e.*, the rapid, saturable lipid accumulation by macrophages induced by TRL ligands of this receptor, is substantially diminished upon treatment with either PPAR γ or PPAR α activators (Fig. 5). Thus, the finding that the PPAR activators lower the expression of apoB-48R in monocyte-macrophages and thereby diminish macrophage lipid accumulation may represent yet another beneficial effect of PPAR activator therapy for atherosclerosis. **LR**

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